Tournament Rules:

The judging of all Kata and Kumite competition will follow the WKF flag system and rules with some modifications. Personal embroidery on dogi and competition belts will be accepted.

While our aim is to have the full complement of referees on the mat as per WKF this may not happen if there are insufficient judges and referees.

KATA TO BE JUDGED AS FOLLOWS:

The judging of senior individual Kata competition will follow the WKF flag system and rules, with some exceptions. Personal embroidery on dogi and competition belts will be accepted.

Both teams will perform at the same time for the 6-9yr Kata divisions. Medal bouts one team at a time.

Team Kata

All age divisions only one kata is required and may be repeated in every round although more kata may be used. For divisions 13 years and under Bunkai for medal rounds is optional but will be taken into consideration by the judges at 25% of the score (not 50% as per WKF rules) Teams will not be disqualified for not performing Bunkai (although it may be more difficult to win) Please note that while there is a maximum time of 6 minutes for kata and Bunkai there is not a minimum so even performing a part Bunkai in the medal rounds will be ok

Repechage for Senior individual Kata and Kumite matches:

Divisions with three competitors will be run round-robin with the placing's decided on the number of wins achieved.

If each competitor has one win each then placing's will be decided on total points scored or flags given for kata. If there is still a tie then another round will be performed.

Divisions with four competitors will have a match between the two competitors who have not won a match to decide on one third place.

Divisions with *five competitors* will have one third-place decided by a competitor winning a first round match but losing the next round. A match between the two competitors who have not won a match will decide the second third place.

Divisions with **six or seven competitors** will have third equal placing's decided to ensure that these placing's are awarded to competitors who have won a match. Therefore, if a losing semi-finalist has not won a match then a match between this competitor and the other competitor who has lost to a finalist on the same side of the draw, will decide third-equal placing's.

Divisions with **eight or more** competitors will use **repechage** to decide the third-equal placing's. For Karate, **repechage** involves the competitors who were beaten by a finalist playing-off to decide the third-equal placing's.

This means that all medal winners, except possibly for third-place in a round-robin division, will have won at least one match.

KUMITE EQUIPMENT REQUIREMENTS:

Mouthguard - Compulsory all competitors

Red & Blue Gloves - Compulsory all competitors must be WKF "style" (not necessary to be wkf approved)

Red & Blue belts - Compulsory all competitors

Shin & Instep - Compulsory but only one colour is required (Red, Blue or White) must be WKF "style" (not necessary to be wkf approved)

Body Protectors - Optional but highly recommended - if used must be WKF "style" (not necessary to be wkf approved) younger competitors may wear

them either under or over their dogi top.

Groin Guard - Optional but highly recommended

Kumite Rules

As per WKF where possible.

For divisions 13yrs & under the WKF cadet rules will apply.

Coaches

As per WKF rules, follow the code of behaviour and the *dress code*. Please, only one coach on the mat at a time, only official coaches on the mat and in the warm up area.